

TERM 1-Lesson 4: Atwëro timmô gin-ni / I can do this

Date <i>Nino dwe:</i>	Class <i>Kilaci:</i>	Time <i>Cawa:</i>	Learning Area <i>Gin apwonya:</i>	# of Learners <i>Wel otinö:</i>
	P-1	30 min.	Physical Education	

Theme/Pënkop: Human Body and Health

Sub-theme/Jañ pënkop: External Parts of the Body and Their Uses

Content/Gin ame apwonyo:

- Things I can do with my body. (Jumping, smiling, dancing, playing, etc.)

Skills: Listening/Speaking

Dirö: *Winy/Kop*

Competences/Kwidirö:

The learner... *Atinkwan römö...*

- Moves in double file to the field.
- Warms up by running, hopping and stretching in place.
- Repeats the title of the book.
- Repeats the text from the book, “*Nëna kõn! Atwëro timmô gin-ni. Atwëro _____.*”
- Demonstrates and practices different actions they can do with their body.
- Warms down by breathing and stretching.
- Gives feedback on the activity.

Methods/Yore me pwony:

- Class discussion
- Scaffolding
- I Do-We Do-You Do

Instructional Materials/Jami pwony:

- The supplemental reader: *Atwëro timmô gin-ni (I can do this)*, and a whistle

Life Skills (Indicators) and Values/Dirö Kwö (Anyut) kede Bërëre:

- Creative Thinking, Sharing, Effective Communication, Friendship formation

References/Ajür:

- *The National Primary School Curriculum for Uganda: Teacher’s Guide Primary 1*
- *The Thematic Curriculum Scope and Sequence for P1*

Teaching Procedure / Kite me pwoyony iyore iyore:

Time	Step	Teacher's Activity	Learners' Activity
<i>Cawa</i>	<i>Citep</i>	<i>Tic apwoyony</i>	<i>Tic otinö</i>
4 min.	1.	Preparation <ul style="list-style-type: none"> Health inspection Tell learners to change the PE attire and move to the field (Boys remove their shirts and slippers while girls only remove the slippers.) 	<ul style="list-style-type: none"> Learners move in double file to the field. <p style="text-align: center;"> x x x x x x x x x x x x x x Teacher </p>
4 min.	2.	Warm up <ul style="list-style-type: none"> Run in place. Hop in place. Stretch in place. 	<ul style="list-style-type: none"> Learners warm up by running, hopping and stretching in place. <p style="text-align: center;"> x x x x x x x x x x x x x x x x x x x x x x x x Teacher </p>
7 min.	3.	Skill teaching and development <ul style="list-style-type: none"> Ask learners to sit in a semicircle around the teacher. Read the title of the book and have learners repeat the title in unison. Read the Leblango text on pages 2-3 aloud. (<i>Nëna köŋ! Atwëro tïmmö gin-ni. Atwëro pye.</i>) Have learners repeat the text in unison. Show learners the illustration of the boy and the frog. Demonstrate how to jump like a frog. Ask a small group of learners to do the action you've demonstrated. Continue reading the rest of the pages in the same way as above: Read, repeat in unison, show illustration, demonstrate the action, ask learners to do the action. 	<ul style="list-style-type: none"> Learners repeat the title of the book in unison. Learners repeat the text, "<i>Nëna köŋ! Atwëro tïmmö gin-ni. Atwëro pye</i>" in unison. Learners demonstrate different actions they can do with their body (jump, smile, dance, play, etc.). <p style="text-align: center;"> x x x x x x x x x x x x x x x x x x x x x x x x x x x x x x x x Teacher x x x x </p>
10 min.	4.	Skill practice <ul style="list-style-type: none"> Tell learners to pair up. Tell learners to take turns saying the phrase from the book and then demonstrating one of the actions they remember. Challenge learners to think of other actions they can do with their body. 	<ul style="list-style-type: none"> Learners practice actions they can make with their bodies in pairs. <p style="text-align: center;"> x x x x x x x x x x x x x x x x x x x x x x x x x x x x x x x x x x x x Teacher </p>
5 min.	5.	Warm down <ul style="list-style-type: none"> Call learners back to the large group. Have learners breathe and stretch to warm down. Ask learners to give their feedback on the activity. What new actions did they think of? Give the learners your feedback on their work in pairs. Invite learners you saw doing good work to demonstrate for the class. Tell learners to move back to class. 	<ul style="list-style-type: none"> Learners do warm down activities. Learners give feedback on the activity. <p style="text-align: center;"> x x x x x x x x x x x x x x x x x x x x x x x x Teacher </p>